



## **Janet Perez Eckles, Award-Winning Author and International Keynote Speaker on Resilience and Founder of JC Empowerment.**

Attacked by multiple tragedies, but victorious through the power of resilience.

Janet is an award-winning author and international resilience keynote speaker who understands today's turmoil that produces fear and anxiety. She dedicates her life to empower, inspire, and transform mindsets. Her emotionally-charged story serves to prove how to rise above tragedies and trials to joy-filled victories. No matter what they face, audiences learn to apply the power of resilience to overcome, kick fear to the curb, conquer anxiety, and embrace renewed confidence.